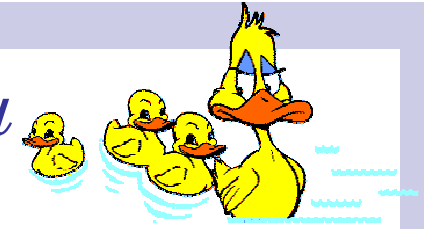


March 2010

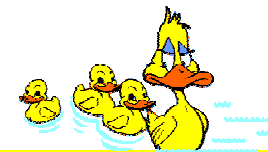
Breakfast Menu



Mon	Tue	Wed	Thu	Fri
<p>1 2/3 c Cereal 1/2 c 100% Fruit Juice 3/4 cup milk</p>	<p>2 1/2 of Large Bagel w/Margarine & Cream Cheese 1/2 c 100% Fruit Juice 3/4 cup milk</p>	<p>3 2/3 c Cereal 1/2 c 100% Fruit Juice 3/4 cup milk</p>	<p>4 2 Pancakes, Warm Syrup & Margarine 1/2 c 100% Fruit Juice 3/4 cup milk</p>	<p>5 1/3 cup cereal 1 Strawberry Toaster Pastries 1/2 c 100% Fruit Juice 3/4 cup milk</p>
<p>8 1 English Muffin w/ Margarine & Cinnamon 1/2 c 100% Fruit Juice 3/4 cup milk</p>	<p>9 2/3 c Cereal 1/2 c 100% Fruit Juice 3/4 cup milk</p>	<p>10 Waffle, Warm Syrup & Margarine 1/2 c 100% Fruit Juice 3/4 cup milk</p>	<p>11 2 Slices Toast w/margarine 1/2C Bananas 3/4 cup milk</p>	<p>12 1 Muffin 1/2c Oranges 3/4 cup milk</p>
<p>15 2 Pieces Toast w/ margarine and Jelly 1/2 c 100% Fruit Juice 3/4 cup milk</p>	<p>16 1/2 of Large Bagel w/Margarine & Cream Cheese 1/2 c 100% Fruit Juice 3/4 cup milk</p>	<p>17 2/3 c Cereal 1/2 c 100% Fruit Juice 3/4 cup milk</p>	<p>18 2 Pancakes, Warm Syrup & Margarine 1/2C Peaches 3/4 cup milk</p>	<p>19 1 English Muffin w/ Peanut Butter 1/2 c 100% Fruit Juice 3/4 cup milk</p>
<p>22 1 Waffle, Warm Syrup & Margarine 1/2 c 100% Fruit Juice 3/4 cup milk</p>	<p>23 2 French Toast Sticks w/ syrup 1/2 c Oranges 3/4 cup milk</p>	<p>24 1 Croissant with Margarine and Jelly 1/2 c 100% Fruit Juice 3/4 cup milk</p>	<p>25 1/2 of Large Bagel w/Margarine & Cream Cheese 1/2 c 100% Fruit Juice</p>	<p>26 1/3 c Cereal w/milk 1 Sl Toast w/Margarine 1/2 c 100% Fruit Juice</p>
<p>29 2 Pancakes, Warm Syrup & Margarine 1/2C Peaches 3/4 cup milk</p>	<p>30 1 English Muffin w/ Margarine & Cinnamon 1/2 c 100% Fruit Juice 3/4 cup milk</p>	<p>31 1/3 c Cereal w/milk 1 Sl Toast w/Margarine 1/2 c 100% Fruit Juice</p>		

March 2010

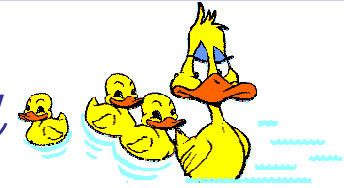
Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Chicken Patty 1 Salad Dressing Packet 1/4 c mixed vegetables 1 Bun 1 Piece Fresh Fruit 6oz Milk</p>	<p>2 2 oz Sloppy Joe 1/4 c corn 1 bun 1/4 cup fruit mix 6 oz Milk</p>	<p>3 5 oz Pasta w/ meat sauce 1/2 c tossed salad 1 Italian Dressing Packet 1 Slice Bread 1/2 c applesauce 6oz Milk</p>	<p>4 2oz Cheeseburger 1 ketchup packet 1/2 c potatoes 1 bun 1/4 c peaches 1 cookie 6oz Milk</p>	<p>5 2oz Meatball Hoagie with 1/2 oz cheese 1/4 c carrots and peas 1 un 1/4 c pineapple 6oz Milk</p>
<p>8 2oz Roast Beef w/ Gravy 1/2 c potatoes 1 dinner roll 1/4 c applesauce 6 oz Milk</p>	<p>9 Chicken Strip Salad w/ 2oz Chicken and 1/2 oz Cheese 1/2 c salad mix 1 ranch dressing packet 1 slice bread 1 Orange 6oz Milk</p>	<p>10 2oz Ham BBQ 1/4 c corn 1 bun 1/4 c pears 6oz Milk</p>	<p>11 5oz Chili w/ 2oz meat and 1/4 c vegetables 1 Slice Wheat Bread 1/4 c pineapple 1 cookie 6oz Milk</p>	<p>12 5oz Pizza Casserole with 2oz cheese 1/2 c tossed salad 1 Dressing Packet 1 Slice Bread 1/4 cup Mandarin Oranges 6oz Milk</p>
<p>15 5oz Chicken Tetrizzini 1/4 c green beans 1 dinner roll 1/4 cup fruit mix 6oz Milk</p>	<p>16 2oz Sloppy Joe 1/4 c corn 1 bun 1 piece fresh fruit 6oz Milk</p>	<p>17 ST. PATRICK'S DAY Grilled Chicken Patty 1 Ketchup Packet 1/s cup potatoes 1 bun 1 orange 6oz Milk</p>	<p>18 Taco 2 oz Meat 1/2 oz cheese 1/4 c corn 1 Tortilla 1/4 c pears 6oz Milk</p>	<p>19 5oz Macaroni and Cheese with 2oz Cheese 1/4 c green beans 1 Slice Bread 1 Apple 6oz Milk</p>
<p>22 2oz Turkey w/gravy 1/2 c potatoes 1 slice wheat bread 1/4 c Pineapple 6oz Milk</p>	<p>23 2oz Salisbury Steak with gravy 1/2 c Cabbage and Noodles 1 Dinner Roll 1 Banana 6oz Milk</p>	<p>24 Grilled Chicken Patty 1/4 c green beans 1 bun 1 piece fresh fruit 6oz Milk</p>	<p>25 1 BBQ Rib Sandwich 1/4 c Peas 1 Bun 1/4 cup fruit mix 6oz Milk</p>	<p>26 Chef Salad w/ 2oz cheese and 1/2 hard boiled egg 1/2 c garden salad 1 Ranch Dressing Packet 1 Slice Wheat Bread 1 Orange 6oz Milk</p>
<p>29 2oz Swedish Meatballs w/gravy 1/2 cup potatoes 1 dinner roll 1 piece fruit 6 oz milk</p>	<p>30 2oz Turkey w/ gravy 1/4 c carrots 1 dinner roll 1/4 c peaches 6 oz Milk</p>	<p>31 1-2oz Boneless BBQ Chicken 1/4 c broccoli 1 slice bread 1/4 c applesauce 1 cookie 6oz Milk</p>		

March 2010

Snack Menu



Mon	Tue	Wed	Thu	Fri
<p>1 1/2 peaches 1/2 cup milk</p>	<p>2 4 crackers 2 tbs peanut butter 1/2 cup milk</p>	<p>3 1/2 cup jello with fruit 1/2 cup milk</p>	<p>4 5 animal crackers 1/2 c 100% Fruit Juice</p>	<p>5 13 teddy grahms 1/2 cup milk</p>
<p>8 1 Cookie 1/2 cup milk</p>	<p>9 4 crackers with cheese 1/2 c 100% Fruit Juice</p>	<p>10 2 bagel bites 1/2 cup milk</p>	<p>11 1 soft pretzel 1/2 cup fruit juice</p>	<p>12 1 cup carrot sticks 1 tbs ranch dressing 1/2 cup milk</p>
<p>15 1/4 c corn chips 2 tbs salsa 1/2 c 100% Fruit Juice</p>	<p>16 1/2 cup apples 2 tbs p. butter 1/2 cup milk</p>	<p>17 1 Cookie 1/2 cup milk</p>	<p>18 1/2 cup fruit snacks 1/2 cup milk</p>	<p>19 2 tbs peanut butter 4 ritz crackers 6oz milk</p>
<p>22 4 chicken nuggets 1/2 c 100% Fruit Juice</p>	<p>23 10 gold fish crackers 1/2 c 100% Fruit Juice</p>	<p>24 1 cup fresh veggies 1 tbs ranch dressing 1/2 cup strawberry milk</p>	<p>25 20 pretzel sticks 1 oz cheese 1/2 cup strawberry milk</p>	<p>26 1/4 c (2oz) yogurt 1/2 c 100% Fruit Juice</p>
<p>29 1 mini bagel 2tbs cream cheese 1/2 c 100% fruit juice</p>	<p>30 13 teddy grahms 1/2 c milk</p>	<p>31 1 yogurt 4 crackers 1/2 c 100% fruit juice</p>		